

BREAKFAST MENU



RASSA MAYA



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नमस्कार !

At Rassa Maya, every dish is crafted with passion, flavor, and the finest ingredients to bring you a memorable dining experience. Whether you're indulging in our rich, aromatic flavors or savoring a light and refreshing meal, we hope each bite fills you with warmth and joy.

Relax, enjoy, and let the flavors take you on a delightful journey. Thank you for dining with us—we look forward to serving you again!





An average active adult requires 2,000 kcal energy per day; however, calorie needs may vary.

The above-mentioned calorific values are based on standard recipes and may vary depending on customization.

If you have any food allergies or dietary restrictions, please inform your server.

At Rassa Maya, all food is prepared using refined sunflower oil, olive oil, or butter. Please speak to your server to learn more about our sustainability practices. An 18% Goods and Services Tax (GST) is applicable on all prices.

QUINCHERS

- ✓ **Fresh Juice Selection****299**
Seasonal fresh juice | Calories 252, Protein (g) 9, Carbs (g) 54, Fat (g) 6
- ✓ **Milkshakes****299**
Banana/ Chocolate/ Vanilla/ Strawberry/ Butter Scotch/ Nutella/ Oreo
| Calories 498, Protein (g) 13, Carbs (g) 59, Fat (g) 14

BREADS AND CEAREAL

- ✓ **Lassi**.....**299**
Sweet / Salted / Arasa Special Masala Chaas | Calories 256, Protein (g) 6,
Carbs (g) 46, Fat (g) 18
- ✓ **Plain Yoghurt****299**
Calories 221, Protein (g) 8, Carbs (g) 54, Fat (g) 20
- ✓ **Porridge** 🍲.....**249**
Calories 338, Protein (g) 13, Carbs (g) 20, Fat (g) 19
- ✓ **Fruit Salad****249**
Calories 170, Protein (g) 16, Carbs (g) 54, Fat (g) 12
- ✓ **Papaya Salad**.....**249**
Calories 252, Protein (g) 18, Carbs (g) 56, Fat (g) 18
- ✓ **Choice Of Cereal****249**
Muesli, Corn Flecks, Choco Flecks | Calories 271, Protein (g) 6, Carbs (g)
33, Fat (g) 12
- ✓ **Morning Bakery** (Choose Any Two)**279**
Muffin, Croissants, Danish, Doughnut, English Tea Cake, Banana Bread
Slice | Calories 364, Protein (g) 14, Carbs (g) 22, Fat (g) 20
- ✓ **Bun Makhan**.....**249**
Calories 480, Protein (g) 13, Carbs (g) 20, Fat (g) 17
- ✓ **Bread & Butter**.....**249**
Calories 237, Protein (g) 14, Carbs (g) 24, Fat (g) 22
- ✓ **Bread Butter Jam**.....**249**
Calories 249, Protein (g) 9, Carbs (g) 45, Fat (g) 19

INDIAN SELECTIONS

- ✓ **Paratha**349
Choice Of Plain / Potato / Cauliflower / Cottage Cheese / Served With Pickle And Yogurt | Calories 280, Protein (g) 6, Carbs (g) 43, Fat (g) 9
- ✓ **Poori Bhaji** 🍳349
Deep Fried Whole Wheat Bread Serve With Potato Curry | Calories 299, Protein (g) 8, Carbs (g) 45, Fat (g) 18
- ✓ **Dosa**349
Choice Of Plain / Masala Served With Sambar And Chutney | Calories 458, Protein (g) 16, Carbs (g) 44, Fat (g) 11
- ✓ **Uthappam**349
Masala & Onion Served With Sambar And Chutney | Calories 407, Protein (g) 19, Carbs (g) 48, Fat (g) 13
- ✓ **Idli**249
Serve With Sambar And Chutney | Calories 393, Protein (g) 16, Carbs (g) 34, Fat (g) 19
- ✓ **Vada**.....299
Serve With Sambar And Chutney | Calories 443, Protein (g) 11, Carbs (g) 44, Fat (g) 21
- ✓ **Kachori Bhaji** 🌶️299
Deep Fried Masala Stuffed Bread With Potato Curry | Calories 443, Protein (g) 11, Carbs (g) 20, Fat (g) 19
- ✓ **Aloo Samosa**.....299
The Perfect Crispy And Spicy Indian Triangle Shape Snack Which Has Crisp Outer Layer Of White Flour Filling Of Mashed Potato And Spices | Calories 341, Protein (g) 16, Carbs (g) 44, Fat (g) 14

BEVERAGES

- ✓ **Elaichi Chai**149
Calories 90, Protein (g) 2, Carbs (g) 12, Fat (g) 3
- ✓ **Ginger Chai**149
Calories 90, Protein (g) 2, Carbs (g) 12, Fat (g) 3
- ✓ **Masala Chai** 149
Calories 90, Protein (g) 2, Carbs (g) 12, Fat (g) 3
- ✓ **Cutting Kadak Chai**149
Calories 90, Protein (g) 2, Carbs (g) 12, Fat (g) 3
- ✓ **Kulhad Chai**149
Calories 90, Protein (g) 2, Carbs (g) 12, Fat (g) 3
- ✓ **Doodh Patti Chai**199
Calories 90, Protein (g) 3, Carbs (g) 15, Fat (g) 4
- ✓ **Green Tea**149
Calories 0, Protein (g) 0, Carbs (g) 0, Fat (g) 0
- ✓ **Bournvita**249
Calories 150, Protein (g) 4, Carbs (g) 16, Fat (g) 4
- ✓ **Gulkand Chai**199
Calories 90, Protein (g) 3, Carbs (g) 15, Fat (g) 4
- ✓ **Espresso**199
Calories 2, Protein (g) 0, Carbs (g) 0, Fat (g) 0
- ✓ **Americano**199
Calories 2, Protein (g) 0, Carbs (g) 0, Fat (g) 0
- ✓ **Cappuccino**199
Calories 80, Protein (g) 4, Carbs (g) 6, Fat (g) 4
- ✓ **Café Latte**199
Calories 100, Protein (g) 5, Carbs (g) 10, Fat (g) 5
- ✓ **Latte Macchiato**199
Calories 100, Protein (g) 5, Carbs (g) 10, Fat (g) 5
- ✓ **Caffe Mocha**199
Calories 110, Protein (g) 5, Carbs (g) 10, Fat (g) 5
- ✓ **Hot Or Cold Milk**249
Calories 140, Protein (g) 6, Carbs (g) 10, Fat (g) 7
- ✓ **Mineral Water Bisleri /Vedica**49/99
Calories 0, Protein (g) 0, Carbs (g) 0, Fat (g) 0