

# MENU

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RASSA MAYA



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## नमस्कार !

At Rassa Maya, every dish is crafted with passion, flavor, and the finest ingredients to bring you a memorable dining experience. Whether you're indulging in our rich, aromatic flavors or savoring a light and refreshing meal, we hope each bite fills you with warmth and joy.

Relax, enjoy, and let the flavors take you on a delightful journey. Thank you for dining with us—we look forward to serving you again!





An average active adult requires 2,000 kcal energy per day; however, calorie needs may vary.

The above-mentioned calorific values are based on standard recipes and may vary depending on customization.

If you have any food allergies or dietary restrictions, please inform your server.

*At Rassa Maya, all food is prepared using refined sunflower oil, olive oil, or butter. Please speak to your server to learn more about our sustainability practices. An 5% Goods and Services Tax (GST) is applicable on all prices.*

## SOUP SELECTION

- ✓ **Roasted Tomato Soup with Basil.....249**  
Calories 42.0 Protein 1.2 g Carbs 9.2 g Fat 0.3 g
- ✓ **Bhunne Tamatar Ka Shorba .....249**  
Calories 81 Protein 4.1 g Carbs 9.7 g Fat 2.8 g
- ✓ **Cream of Mushroom Soup.....249**  
Calories 70.0 Protein 2.5 g Carbs 7.0 g Fat 4.5 g
- ✓ **Sweet Corn Soup .....249**  
Calories 136 Protein 2.5 g Carbs 13.2 g Fat 8.1 g
- ✓ **Szechuan Veg Hot & Sour Soup .....249**  
Calories 55.0 Protein 2.1 g Carbs 7.8 g Fat 2.2 g
- ✓ **Manchow Soup .....249**  
Calories 101 Protein 2.0 g Carbs 7.0 g Fat 6.3 g
- ✓ **Lemon Coriander Soup.....249**  
Calories 90 Protein 1.1 g Carbs 5.0 g Fat 3.3 g
- ✓ **Veg Clear Soup.....249**  
Calories 50 Protein 1.2 g Carbs 4.0 g Fat 2.4 g

## SALADS

- ✓ **Green Salad.....249**  
Onion, Tomato, Cucumber  
Calories 152 Protein 1.7 g Carbs 19.3 g Fat 7.6 g
- ✓ **Greek Salad .....349**  
Bell Peppers, Onion, Tomato, Feta Cheese in Oregano Dressing  
Calories 171 Protein 1.8 g Carbs 33.3 g Fat 3.4 g
- ✓ **Caesar Salad .....349**  
Iceberg Lettuce, Caesar Dressing, Parmesan Cheese Shavings with  
Bread Croutons | Calories 100.0 Protein 3.0 g Carbs 12.0 g Fat 3.0 g
- ✓ **Raw Papaya .....349**  
Shredded Raw Papaya, Roasted Peanut, Sweet Chilli Sauce  
Calories 260 Protein 4.2 g Carbs 37.7 g Fat 10.3 g

## APPETIZERS

- ✓ **Panch Phoran Paneer Tikka**  .....**499**  
Pickled Cottage Cheese Cubes Cooked In Clay Oven  
Calories 480 Protein 5.0 g Carbs 103.2 g Fat 5.2 g
- ✓ **Chutney Paneer Tikka** .....**499**  
Cottage Cheese Stuffed with Mint Sultana Chutney  
Calories 237 Protein 3.4 g Carbs 29.2 g Fat 11.8 g
- ✓ **Hare Matter Ki Shammi**.....**399**  
Shallow Fried Green Peas Patties Enhanced with Royal Cumin & Coriander  
Calories 249 Protein 4.0 g Carbs 51.5 g Fat 3.0 g
- ✓ **Dahi Ke Sholey**  .....**399**  
Bread Stuffed with Spicy Hung Curd Filling & Deep Fried  
Calories 351 Protein 9.4 g Carbs 69.1 g Fat 4.1 g
- ✓ **Malai Broccoli** .....**499**  
Broccoli Marinated with Cheese, Hung Curd & Green Chilli Cooked in Clay Oven  
Calories 280 Protein 6.9 g Carbs 35.0 g Fat 12.5 g
- ✓ **Lehsooni Tandoori Aloo** .....**399**  
Char Coal Roasted Baby Potatoes Flavored with Garlic  
Calories 299 Protein 8.3 g Carbs 36.4 g Fat 13.3 g
- ✓ **Vegetables Cigars Roll** .....**349**  
Golden Fried Vegetable Roll  
Calories 458 Protein 9.1 g Carbs 95.5 g Fat 4.4 g
- ✓ **Cheese & Corn Roll** .....**349**  
Golden Fried Roll Stuffed with Cheese & Corn  
Calories 407 Protein 8.4 g Carbs 73.1 g Fat 9.0 g
- ✓ **Honey Chili Potato**  .....**399**  
Crispy, Fried Potato Fingers Coated in A Sweet & Spicy Sauce Made with Honey,  
Chilli & Finished with Season Seed | Calories 543 Protein 4.2 g Carbs 100.8 g Fat 13.6 g
- ✓ **Crispy Corn Salt & Pepper** .....**349**  
Crunchy Corn Stir Fried with Aromatic Spices  
Calories 443 Protein 3.4 g Carbs 99.6 g Fat 3.4 g
- ✓ **Crispy Stir Fried Vegetables**.....**349**  
Crunchy Vegetables Tossed with salt and pepper  
Calories 685 Protein 8.5 g Carbs 145.8 g Fat 7.6 g
- ✓ **Chilli Mushroom** .....**399**  
Crisp Fried Mushroom Tossed with Hot Garlic Sauce  
Calories 341 Protein 1.6 g Carbs 54.0 g Fat 13.2 g

## APPETIZERS

- ✓ **Veg Manchurian** .....349  
Vegetables Fried Dumpling Tossed in Manchurian Sauce  
Calories 743 Protein 5.0 g Carbs 161.3 g Fat 8.6 g
- ✓ **Dumpling** 🍲 .....299  
Steamed Vegetable, Mushroom  
Calories 576 Protein 2.5 g Carbs 130.5 g Fat 4.9 g
- ✓ **Shanghai Paneer** 🌶️ .....399  
Cottage Cheese Tossed with Bell Peppers In Hot Garlic Sauce  
Calories 460 Protein 9.5 g Carbs 91.1 g Fat 6.4 g
- ✓ **Vegetable Croquettes**.....299  
Deep Fried Breadcrumbs Roll Stuffed with Vegetables  
Calories 463 Protein 5.9 g Carbs 95.9 g Fat 6.2 g
- ✓ **Cottage Cheese Finger**.....399  
Crunchy Crumb Fried Cottage Cheese with a Twist of Spices  
Calories 171 Protein 4.6 g Carbs 13.1 g Fat 11.1 g

## SANDWICHES & BURGERS

- ✓ **Traditional Club Sandwich** .....449  
Filling with Cucumber, Cheese, Tomatoes Served with French Fries  
Calories 402 Protein 9.7 g Carbs 57.9 g Fat 14.6 g
- ✓ **Roasted Vegetables** .....449  
Tomato & Mozzarella Panini with Pesto, French Fries  
Calories 535 Protein 5.7 g Carbs 116.2 g Fat 5.3 g
- ✓ **Grilled Veg Sandwich** .....349  
Served with French Fries | Calories 644 Protein 3.9 g Carbs 143.8 g Fat 5.9 g
- ✓ **Grilled Mashed Potato Sandwich** .....349  
Served with French Fries | Calories 348 Protein 6.7 g Carbs 74.7 g Fat 2.5 g
- ✓ **Grilled Cottage Cheese Sandwich** .....449  
Served with French Fries | Calories 208 Protein 1.9 g Carbs 30.9 g Fat 8.5 g
- ✓ **Chilli Cheese Toast**.....499  
Calories 319 Protein 9.2 g Carbs 57.9 g Fat 5.6 g
- ✓ **Vegetable Burger** .....399  
Served with French Fries | Calories 775 Protein 2.7 g Carbs 179.5 g Fat 5.1 g
- ✓ **Cottage Cheese Burger**.....449  
Served with French Fries | Calories 337 Protein 9.9 g Carbs 55.6 g Fat 8.4 g

## INDIAN MAIN

- ✓ **Paneer Makhani** .....499  
Paneer Cubes Cooked in Creamy Gravy Made From Tomatoes & Butter Flavored with Fenugreek  
Calories 763 Protein 7.2 g Carbs 172.0 g Fat 5.1 g
- ✓ **Kadhai Paneer**.....499  
Cottage Cheese Cooked with Onion, Tomatoes, Capsicum & Pounded Spices  
Calories 570 Protein 3.5 g Carbs 112.2 g Fat 11.9 g
- ✓ **Shahi Paneer**.....499  
It's a Melange of Two Rich Gravies Tomatoes & Cashew Gravy  
Calories 489 Protein 4.6 g Carbs 91.8 g Fat 11.5 g
- ✓ **Paneer Butter Masala**🍳.....499  
Paneer Cooked with Rich Buttery Tomato Gravy  
Calories 745 Protein 6.9 g Carbs 156.4 g Fat 10.2 g
- ✓ **Aminabadi Malai Kofte**.....499  
Lucknawi Food Delicacy Made with Cottage Cheese Dumplings Enhanced with  
Cashew | Calories 474 Protein 2.3 g Carbs 96.1 g Fat 9.0 g
- ✓ **Lehsooni Palak Paneer**🍳.....499  
Cottage Cheese Cooked with Spinach Paste & Tempered with Garlic , Ginger  
& Green Chilli | Calories 745 Protein 4.2 g Carbs 153.1 g Fat 12.9 g
- ✓ **Tawa Mushroom**.....499  
Mushroom Cooked on Mahi Tawa in a Tomato, Onion Gravy with Local Spices  
Calories 350 Protein 1.8 g Carbs 75.7 g Fat 4.4 g
- ✓ **Matar Mushroom**🍳.....499  
Green Peas & Mushroom Cooked with Mild Spices in Onion & Tomato Gravy  
Calories 663 Protein 7.3 g Carbs 136.7 g Fat 9.7 g
- ✓ **Aloo Gobhi** .....399  
A Perfect Combination of Cauliflower & Potatoes with Hint of Ginger  
Calories 204 Protein 5.9 g Carbs 40.2 g Fat 2.2 g
- ✓ **Churanwali Bhindi**🍳.....399  
Stir Fried Okra Enhanced Flavored with Dry Mango Powder  
Calories 393 Protein 7.0 g Carbs 80.1 g Fat 4.9 g
- ✓ **Bharwan Dum Aloo**.....449  
Stuffed Potatoes Cooked in Onion Tomato Gravy  
Calories 469 Protein 7.4 g Carbs 100.3 g Fat 4.3 g
- ✓ **Subz Bageecha** .....449  
Seasonal Vegetables Cooked with Mild Spices  
Calories 430 Protein 9.5 g Carbs 82.2 g Fat 7.0 g

## INDIAN MAIN

- ✓ **Amritsari Channa Masala** .....**449**  
Chick Peas Cooked with Amritsari Spices  
Calories 784 Protein 4.4 g Carbs 183.1 g Fat 3.8 g
- ✓ **Dal Makhani** .....**499**  
Slow Simmered Black Lentils Finished with Cream & Butter  
Calories 606 Protein 9.4 g Carbs 134.3 g Fat 3.5 g
- ✓ **Dal Tadka** 🍳 .....**449**  
Yellow Lentil Tempered with Cumin and Garlic  
Calories 434 Protein 3.7 g Carbs 74.6 g Fat 13.4 g
- ✓ **Soya Chaap** 🍳 .....**499**  
Soya Chaap Cooked in Butter Masala Gravy  
Calories 320 Protein 8.4 g Carbs 47.7 g Fat 10.6 g

## RICE & MORE

- ✓ **Subz Biryani** .....**449**  
Mildly Spiced Rice Cooked with Seasonal Vegetables with help of Dum Preparation  
Calories 628 Protein 6.0 g Carbs 130.3 g Fat 9.2 g
- ✓ **Peas Pulao** .....**299**  
Rice Tempered with Green Peas & Cumin  
Calories 366 Protein 2.3 g Carbs 77.6 g Fat 5.1 g
- ✓ **Jeera Rice** .....**299**  
Rice Tempered with Cumin Seed  
Calories 473 Protein 9.2 g Carbs 78.4 g Fat 13.7 g
- ✓ **Steamed Rice** .....**299**  
Calories 288 Protein 4.4 g Carbs 44.6 g Fat 10.2 g

## RAITA / CHAAS / CHAAT

- ✓ Arasa Special Masala Chaas.....249  
Calories 615 Protein 7.7 g Carbs 131.4 g Fat 6.5 g
- ✓ Lassi – Sweet / Salted / Plain .....249  
Calories 213 Protein 9.0 g Carbs 13.5 g Fat 13.7 g
- ✓ Raita–Mix / Boondi / Pineapple / Plain .....299  
Calories 391 Protein 7.0 g Carbs 63.5 g Fat 12.1 g
- ✓ Gol Gappe .....299  
Calories 414 Protein 2.9 g Carbs 93.7 g Fat 3.1 g
- ✓ Aloo Tikki .....299  
Calories 495 Protein 6.7 g Carbs 86.3 g Fat 13.7 g
- ✓ Dahi Bhalla .....299  
Calories 202 Protein 2.4 g Carbs 43.4 g Fat 2.1 g
- ✓ Palak Patte Ki Chaat .....299  
Calories 489 Protein 1.5 g Carbs 96.8 g Fat 10.6 g
- ✓ Aloo Chaat .....299  
Calories 241 Protein 6.2 g Carbs 44.9 g Fat 4.1 g
- ✓ Jalebi Ki Chaat.....299  
Calories 413 Protein 7.0 g Carbs 71.5 g Fat 11.0 g
- ✓ Moong Dal Chilla .....299  
Calories 730 Protein 7.6 g Carbs 163.9 g Fat 4.9 g

## INDIAN BREADS

- ✓ Choice of Roti .....99  
Tandoori Roti / Butter Rotti / Missi Rotti / Roomali  
Calories 234 Protein 4.3 g Carbs 42.8 g Fat 5.1 g
- ✓ Choice of Naan .....149  
Plain Naan/ Butter Naan / Garlic Naan  
Calories 405 Protein 7.0 g Carbs 67.9 g Fat 11.7 g
- ✓ Choice of Paratha .....149  
Lachha Paratha / Pudina Paratha / Green Chilli Paratha  
Calories 230 Protein 7.1 g Carbs 21.1 g Fat 13.0 g
- ✓ Choice of Stuffed Kulcha.....229  
Aloo Kulcha / Mix Kulcha / Paneer Kulcha / Onion Kulcha  
Calories 199 Protein 2.3 g Carbs 26.3 g Fat 9.4 g

## PIZZA

- ✔ **Pizza Margherita** .....449  
Tomato Sauce, Mozzarella Cheese, Basil Pesto  
Calories 151 Protein 3.8 g Carbs 18.7 g Fat 6.8 g
- ✔ **Paneer Tikka Pizza** .....449  
Char Grilled Cottage Cheese, Jalapeno, Onion  
Calories 203 Protein 9.8 g Carbs 29.3g Fat 5.2 g
- ✔ **Onion & Corn Pizza** 🍷 .....449  
American Corn, Onion & Mozzarella Cheese  
Calories 255 Protein 9.1 g Carbs 38.7 g Fat 7.1 g
- ✔ **Gardenia Pizza** 🍷 .....449  
Roasted Bell Peppers, Zucchini, Olive, Onion, Mozzarella Cheese &  
Tomato Sauce | Calories 409 Protein 8.3 g Carbs 71.0 g Fat 10.2 g
- ✔ **Mushroom Caramelized Onion Pizza** .....449  
Sauté Mushroom, Caramelized Onion, Mozzarella Cheese  
Calories 459 Protein 6.4 g Carbs 89.1 g Fat 8.5 g

## PASTA

- ✔ **Choice of Pasta** .....499  
Penne/ Fusilli / Spaghetti  
Choice of Sauce  
Arrabiata - Tomato, Basil, Garlic, Oregano, Chilli Flakes  
Alfredo - Cream, Parmesan, Nutmeg  
Basil Pesto - Basil, Garlic, Olive Oil, Parmesan  
Aglio E Olio Pepperoncino - Olive Oil, Garlic, Chilli Flakes, Parsley  
  
Calories 340-440 Protein 3.2g-7 g Carbs 62.9 g-80g Fat 8.4 g-14g

## ASIAN MAIN

- ✔ **Wok Tossed Chinese Green** .....449  
Choice of Black Bean / Hot Garlic / Schezwan Sauce  
Calories 367 Protein 3.9 g Carbs 62.2 g Fat 11.4 g
- ✔ **Veg Manchurian** .....449  
Vegetable Dumpling in Soya, Chilli, Garlic Sauce  
Calories 343 Protein 7.0 g Carbs 73.6 g Fat 2.3 g
- ✔ **Chilli Paneer** 🌶️ .....449  
Cottage Cheese & Bell Pepper Toasted in Chilli Garlic Sauce  
Calories 461 Protein 9.5 g Carbs 96.1 g Fat 4.3 g
- ✔ **Exotic Vegetables** 🍷 .....449  
Seasonal Vegetables Tossed in White Garlic Sauce  
Calories 501 Protein 9.3 g Carbs 83.6 g Fat 14.4 g
- ✔ **Vegetables In Hot Garlic Sauce** .....449  
Seasonal Vegetables Tossed in Hot Garlic Sauce  
Calories 745 Protein 1.6 g Carbs 169.3 g Fat 6.8 g
- ✔ **Thai Veg Curry** .....449  
Thai Style Vegetables in Red or Green Curry Finished with Coconut Cream  
Calories 783 Protein 5.1 g Carbs 159.0 g Fat 14.1 g

*All Above Dishes To Be Accompanied with A  
Portion of Steamed Rice/ Fried Rice/ Noodles*

- ✔ **Wok Fried Rice** .....449  
Vegetable Fried Rice, Burnt Garlic & Spring Onion, Schezwan Fried Rice  
Calories 650 Protein 4.0 g Carbs 129.0 g Fat 13.1 g
- ✔ **Choice of Noodles** .....449  
Hakka Noodle, Wok Tossed, Chilli Garlic Noodle, Schezwan  
Calories 453 Protein 8.7 g Carbs 88.8 g Fat 7.0 g

## DESSERTS

- ✓ Moong Dal Halwa .....299  
Calories 570 Protein 5.1 g Carbs 65.8 g Fat 16.1 g
- ✓ Gulab Jamun 🍪 .....299  
Calories 414 Protein 5.5 g Carbs 73.3 g Fat 9.2 g
- ✓ Rabdi .....249  
Calories 401 Protein 6.3 g Carbs 69.0 g Fat 11.0 g
- ✓ Kesari Rasmalai .....349  
Calories 339 Protein 6.7 g Carbs 70.7 g Fat 7.3 g
- ✓ Gulab Ki Kheer 🍪 .....299  
Calories 495 Protein 3.7 g Carbs 87.6 g Fat 13.9 g
- ✓ Shahi Tukda .....249  
Calories 362 Protein 9.0 g Carbs 61.9 g Fat 8.7 g
- ✓ Choice of Ice Creams .....149  
Calories 407 Protein 7.4 g Carbs 68.2 g Fat 11.6 g
- ✓ Arasa Special Dessert (Seasonal) .....349  
Calories 436 Protein 4.6 g Carbs 79.4 g Fat 11.1 g

## MILK SHAKE & HEALTHY DRINKS

- ✓ Choice of Shakes .....349  
Cold Coffee / Banana Badam / Oreo / Vanilla / Strawberry / Butterscotch / Chocolate /  
Nutella | Calories 190-300
- ✓ Seasonal Juice .....299  
ABC (Apple, Beetroot, Carrot) / Orange/ Watermelon/ Sweetlime/ Pineapple  
Calories 227- 300
- Bisleri .....59
- Vedica.....99

## HOT BEVERAGES

Masala Tea .....	199
Double Ginger Tea .....	199
Kulhad Wali Chai .....	199
Green Tea .....	199
Freshly Brewed Coffee.....	249
Espresso.....	249
Americano .....	249
Cappuccino.....	249
Café Latte .....	249
Latte Macchiato .....	249
Café Mocha.....	249
Hot/Cold Milk .....	299

## MOCKTAILS & SOFT BEVERAGES

Virgin Mojito .....	249
Virgin Margarita .....	249
Chilli Guava.....	249
Fruit Punch .....	249
Black Cat.....	249
Pina Colada .....	249
Classic Bloody Mary.....	249
Ginger Ale with Masala Soda.....	249
Jamun Kala Khatta.....	249
Fresh Lime Water.....	249
Fresh Lime Soda.....	249
Aerated Drink & Services.....	149
Coke, Limca, Fanta, Diet Coke	
Red Bull.....	299

# BEVERAGES

- ✔ Double Ginger Tea.....149  
Calories 90, Protein (g) 2, Carbs (g) 12, Fat (g) 3
- ✔ Masala Chai.....149  
Calories 90, Protein (g) 2, Carbs (g) 12, Fat (g) 3
- ✔ Kulhad Chai .....149  
Calories 90, Protein (g) 2, Carbs (g) 12, Fat (g) 3
- ✔ Green Tea .....149  
Calories 0, Protein (g) 0, Carbs (g) 0, Fat (g) 0
- ✔ Freshly Brewed Coffee.....199  
Calories 45, Protein (g) 2.8, Carbs (g) 1.5, Fat (g) 2.4
- ✔ Espresso.....149  
Calories 9, Protein (g) 0, Carbs (g) 0, Fat (g) 0
- ✔ Americano .....199  
Calories 2, Protein (g) 0, Carbs (g) 0, Fat (g) 0
- ✔ Cappuccino .....199  
Calories 80, Protein (g) 4, Carbs (g) 6, Fat (g) 4
- ✔ Café Latte.....199  
Calories 100, Protein (g) 5, Carbs (g) 10, Fat (g) 5
- ✔ Latte Macchiato .....199  
Calories 100, Protein (g) 5, Carbs (g) 10, Fat (g) 5
- ✔ Caffè Mocha.....199  
Calories 110, Protein (g) 5, Carbs (g) 10, Fat (g) 5
- ✔ Hot Or Cold Milk.....249  
Calories 140, Protein (g) 6, Carbs (g) 10, Fat (g) 7